

Prohibited Behaviors for Student Athletes

Training Standards:

The following procedures deal with students involved in athletics and pertain to the entire sports season; from the first day of practice until the last contest of the season.

It is a proven fact that tobacco, drugs and alcohol have a negative effect on the human body. Therefore the follow standards are put into place to ensure the well being of ALL athletes on the team.

A student athlete shall not:

1. Consume an alcoholic beverage at any time except in a religious content.
2. Use, have in ones' possession, or sell any controlled substance, including marijuana, or any drug paraphernalia, such as a pipe or syringe, at any time. The only exceptions are for drugs prescribed by medical personnel.
3. Smoke a cigarette, cigar, or pipe, or use chew less or smokeless tobacco at any time.
4. Supply alcohol or drugs to anyone under the age of 21, or host a party in which alcohol or drugs are used.

Range of Consequences:

The following range of penalties applies for student athletes in grades 7-12.

First offense: The student will be suspended for 25% (fractions of .5 or higher will be rounded up the next whole number) of the games in the regular season. If the infraction occurs in school, the Athletic code penalty would begin after the regular school consequences are over. The student must complete a school-approved drug/alcohol evaluation program.

Second offense: The student will be suspended for the remainder of the season or two months, whichever is longer. If the season ends during the suspension, the suspension will resume on the date of the first contest of the athlete's next season. He/She must complete a school-approved drug/alcohol program.

Third offense: The student will be suspended from any sport for one calendar year. He/She must complete a school-approved drug/ alcohol evaluation program.

Fourth offense: The student is suspended from athletic participation for the rest of his/her enrollment at Cincinnatus High School.

Citizenship Standards:

A student athlete shall not:

1. Engage in any act of fighting or violence, including those not covered by NYSPHAA and Section III rules.
2. Engage in any act of vandalism.
3. Engage in any act of criminal or illegal behavior, whether it occurs in or out of school.
4. Engage in any act of hazing.

Athletes are expected to display proper sportsmanship and self-control during practices, on road trips and during athletic contests.

Range of Consequences:

The following range of penalties applies for student athletes in grades 7-12.

First offense: Minimum consequence- Warning
Maximum Consequence- Suspension for one calendar year

Repeat offenses: Minimum consequence- 1 game suspension
Maximum consequence- Suspension from all sports activities.

Code of Ethics for Coaches:

1. I will treat each player, opposing coach, official, parent, and administrator with respect and dignity.
2. I will do my best to learn the fundamental skills, teaching and evaluation techniques, and strategies of my sport.
3. I will become thoroughly familiar with the rules of my sport.
4. I will become familiar with the objectives of the youth sports program in which I am affiliated. I will strive to achieve these objectives and communicate them to my players and their parents.
5. I will uphold the authority of officials who are assigned to the contests, which I coach, and I will assist them in every way to conduct fair and impartial competitive contests.
6. I will learn the strengths and weaknesses of my players so that I might place them into situations where they have maximum opportunity to achieve success.
7. I will conduct my practices and games so that all players have an opportunity to improve their skill level through active participation.
8. I will communicate to my players and their parents the rights and responsibilities of individuals on my team.
9. I will cooperate with the administrator of our organization in the enforcement of rules and regulations and I will report any irregularities that violate sound, competitive practices.
10. I will protect the health and safety of my players by insisting that all of the activities under my control are conducted for their psychological and physiological welfare, rather than for the vicarious interests of adults.