

Down on the Pharm: Facts About Prescription & OTC Drug Abuse

**Facilitated by
Michelle Stolicker, LMSW**

Think about your home. What prescription and over-the-counter (OTC) drugs do you have? Where are they kept? Would you know if any were missing? What about your neighbor's home? Your parents? Unfortunately, you only have to read recent news headlines to know that a growing number of teens (and preteens) are using, abusing and sharing these medications. What is even more frightening is that these drugs are often taken with little or no knowledge of or concern about the potential health risks involved.

In this workshop we will:

- Identify the common prescription and over-the-counter medications that are being taken
- Review the potential dangers of their use alone or in combination with alcohol and/or other drugs
- Review common methods for obtaining and concealing these drugs
- Identify tips for recognizing and preventing this abuse

DATE: Monday, March 21, 2011

TIME: 4:00 p.m. — 5:30 p.m.

FEE: FREE

**LOCATION: Ithaca City School District
Conference Room, Boynton Middle School
1601 N. Cayuga Street, Ithaca, NY 14850**

If you have questions about the program, contact Michelle Stolicker at
1-800-EAP-8764 or (315) 471-1361.

To accommodate participants, please complete and return by:

March 14, 2011

Down on the Pharm— March 21, 2011

Name: _____

School Building: _____

School District: _____

Position: _____

School Phone: _____ Home Phone: _____

Email (please print clearly) _____

Return :

**EMPLOYEE ASSISTANCE PROGRAM
c/o OCM BOCES - IEH
Michelle Stolicker
906 Spencer Street - Prevention Network
Syracuse, New York 13204**