

Let's Talk About Money: Constructive Communication About Money Matters

Money is a highly charged, emotional topic for most people. This workshop is designed to help individuals and couples come to terms with how money affects their lives and relationships. Once a couple understands how to manage resources to meet the needs of the family members and satisfy some “wants” too, they can begin to overcome conflicts that lead to bigger issues. In this workshop, participants will:

- Learn about basic principals and activities that can break down barriers and build communication skills to deal more effectively with money issues
- Explore their own “Money Personality” and “Risk Tolerance” and that of their partner
- Explore saving and spending priorities individually and within the household
- Learn strategies to better manage finances

Employees are encouraged to bring their partners to the session