

****Please note new date** -Original date cancelled due to weather**
Caregiver Camp: Support and Sharing

**Facilitated by
Michelle Stolicker, LMSW**

Initiated by popular demand by participants of previous Caregiver Camp workshops, this workshop is designed to be a forum of sharing successes and struggles in the critical role of caregiver.

Participants should come prepared to share a tip or two about things that have made their experience or their loved one's just a little easier to manage. Examples may range from: self-care tips, support group information (where, when, local, online, pros & cons), home adaptations (no or low cost, assistive devices, renovations, etc.), helpful web resources, long distance caregiver tips, managing challenging behaviors/attitudes (of your loved one or other family members), or simply some words of encouragement from someone who has "been there, done that" to someone who is just beginning the caregiving journey.

I will bring information regarding practical resources for all of the above and will facilitate the discussion and sharing.

DATE: Wednesday, April 16, 2014

TIME: 4:30 p.m. — 6:00 p.m.

FEE: FREE

**LOCATION: OCM BOCES IEH Campus
Distance Learning Center
Administration Building B
6820 Thompson Road
Syracuse, NY 13221**

If you have questions about the program, contact Michelle Stolicker at
1-800-EAP-8764 or (315) 471-1361.

To accommodate participants, please complete and return by:
April 9, 2014

Caregiver Camp Support & Sharing — April 16, 2014

Name: _____

School Building: _____

School District: _____

Position: _____

School Phone: _____ Home Phone: _____

Email (please print clearly) _____

Return :
**EMPLOYEE ASSISTANCE PROGRAM
c/o OCM BOCES - IEH
MICHELLE STOLICKER
906 SPENCER STREET
PREVENTION NETWORK
SYRACUSE, NEW YORK 13204**