



## **ADDICTION**

- I'll Quit Tomorrow. (Johnson)
- Under the Influence. (Milam & Ketcham)

### **BOOKS ON ADDICTION IN THE FAMILY:**

- From Survival to Recovery: Growing Up in an Alcoholic Home. (Al-Anon Family Groups)
- Codependent No More. (Beattie)
- Repeat After Me. (Black)
- Detachment: The Art of Letting Go While Living with an Alcoholic. Booklet (Leite)
- Getting Your Loved One Sober: Alternatives to Nagging, Pleading and Threatening. (Meyers & Wolfe)
- Reclaim Your Family From Addiction: How Couples and Families Recover Love and Meaning. (Nakken)