The ABC's of ADD/ADHD Help For Adults & Children

The inattention, impulsiveness, hyperactivity, disorganization and other difficulties often associated with ADD/ADHD can create serious problems in school, work or social situations for those diagnosed with the disorder and those who try to teach, learn or live with them.

Participants in this workshop will:

- Experience what it is actually like to try to function with the symptoms of ADD/ADHD
- Be provided with the most current information regarding the etiology, diagnosis and treatment of ADD/ADHD for both adults and children
- Receive a list of specific classroom accommodations and interventions broken down by problem behavior
- Leave with a comprehensive list of helpful reading and web resources for children, adolescents, parents, teachers and adults with ADD