

Counseling Agreement

The following agreement should be signed when a student is admitted for counseling services:

The person receiving counseling agrees to:

1. Share basic information needed for admission.
2. Attend all counseling sessions on a regularly scheduled basis.
3. Establish and work on goals that will help resolve personal concerns or problems.
4. Notify the counselor if a session must be missed and to call on the phone if absent from school.
5. His or her participation in counseling is voluntary.

The counselor agrees to:

1. Respect the confidentiality of the person(s) receiving counseling.
2. Be available for regularly scheduled appointments.
3. Notify the person if, for any reason, an appointment must be changed or cancelled.

The counseling process requires:

1. The agreement of the student to make a commitment to attend.
2. The willingness of the student to work toward the attainment of mutually established goals.
3. The willingness of the student to help evaluate the counseling services.
4. The understanding of the student that participation is voluntary and they may end their participation at any time.
5. The understanding that records are protected from disclosure without their written consent, except under the provisions of the Family Educational Rights and Privacy Act. Students would be informed of the parental request in such cases.

Termination: Termination of counseling will occur when:

1. The presenting and/or other concerns or problems have been resolved.
2. The participant wishes to discontinue counseling and so notifies the counselor.
3. Referral is made to another agency or individual (although in certain cases counseling may continue).

In addition to the above, a termination discussion will be held between the counselor and participant to review the counseling sessions, to assess the outcome and to plan for follow-up.

Student Signature

Counselor Signature

Date _____
5/28/19